ECHO Autism

Moving **knowledge,** not **people**

ECHO Autism bridges the **care gap** between **autism specialists, community health care providers,** and **people with autism**

HOW IT WORKS

- Providers get specific **case guidance** on individuals at risk for or diagnosed with autism
- Convenient, **web-based** small-group format
- Learn and share **best practices** for managing medical and psychiatric conditions, connecting with community resources, and family/caregiver support

HOW IT HELPS

- People on the autism spectrum get greater access to faster, easier care with trusted local providers **close to home**
- Families and providers have **reduced costs** by reducing travel, creating more efficient visits and shorter wait for care
- Provides **a long-term solution** in communities by building local capacity for autism care

For rural and underserved communities without access to autism specialists, **ECHO Autism** gives community professionals knowledge and support to care for individuals with autism close to home.

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Institutional Review Board
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ECHO Autism: Adult Healthcare

BENEFITS TO YOU:

- **Free AMA PRA Category 1 Credit™ for each session**
- Maintenance of certification Parts 2 and 4 also offered
- **Real-time case guidance** with multidisciplinary team of autism and behavioral health experts
- Meet a **network of other providers handling similar patient challenges**
- **Ongoing Specialist Support**
    - Direct access to the ECHO Autism Adult Healthcare Hub Team through phone, email

COMMITMENTS:

- **Commitment to participate in virtual ECHO Autism Clinics** (60-minute clinics, 2 times per month)
- **Present diagnostic cases** to the ECHO Autism Diagnostic Hub Team
- **Complete several study measures** pre- and post-participation in ECHO Autism Adult Healthcare Clinics

WHAT YOU NEED TO START?

- Internet connection
- Front-facing camera, smartphone or tablet
- Commitment to 1-hour learning sessions twice a month

Expert HUB Team

Beth Malow, MD, MS
Neurologist, Autism & Sleep Medicine Specialist, Vanderbilt University Medical Center

Gary Stobbe, MD
Neurologist, Autism Specialist, University of Washington Medicine

Marvara Agrawal, MD
Med-Peds Physician & Autism Medical Specialist, Florida International University College of Medicine

Rachel Loftin, PhD
Clinical Psychologist & Autism Behavior Specialist

Alexander Westphal, MD, PhD
Psychiatrist & Autism Behavior Specialist, Yale School of Medicine

Stephen Shore, EdD
Professor, Special Education, & Self-Advocate, Adelphi University

Amy Hess, BA, Grad Cert
Parent Advocate & Family Navigator, Nationwide Children's Hospital

David Caudel, PhD
Physicist, Associate Director & Self-Advocate, Vanderbilt Center for Autism and Innovation

Questions?

Contact the Study Coordinator:
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